Lambeth College
The Careers College

Therapeutic Counselling - CPCAB Level 4 Diploma

Level 4

Course options

Course option 1

Admissions code	B3-037
Start date	September 2013
Centre	Clapham
Length of course	2 years
Course mode	Part-time Day

This is a vocational qualification combining workplace learning and academic study and is designed to meet the requirements of employers in developing counselling, psychological knowledge and skills applicable to the workplace. Learners develop professionally as counselling practitioners, increasing their knowledge and skills in the study and application of a variety of counselling and Psychological models of therapeutic treatment.

Work placement: Learners have to apply for suitable placement during their first year and provide counselling under clinical supervision. 100 supervised counselling hours are required.

Course content:

- Theory – Integrative relational models (Clarkson P, Kohut H) psychodynamic theory, developmental stages, attachment theory, intercultural approach, solution focussed approaches.
- Therapeutic counselling skills
- Professional development
- Practitioner workshops and supervision
- Personal development: sessions of personal therapy/ counselling over the 2 years (15 sessions in year 1 and 25 sessions in year 2).

After this course: Further training in counselling, psychotherapy e.g Level 5 Diploma in CBT. The Open University provides further training routes with credits for CPCAB qualifications at Levels 4 and 5.

Employment opportunites in counselling related settings.

Level 3 Certificate in Counselling Studies (90 hours) and Level 2 Certificate in Counselling Skills (90 hours) or equivalent. A tutor reference will be required.

A Criminal Record Declaration on enrolment and a CRB are required.

If you are interested in applying for this course please **register and apply online** and we will contact you as soon as possible to invite you in for an interview.

Alternatively download a pdf copy of our **Application Form**.

You can also e-mail **courses@lambethcollege.ac.uk** or call **020 7501 5000** for a hard copy of the application form.

For more information please call our **Course Advice and Information Service** on **020 7501 5000**.