

## Tanning treatments

Spray tanning £12.50

## Nails

Mini Manicure - Nail shape and polish £5.00

Mini Pedicure - Nail shape and polish £7.00

Manicure - Nail shaping, tidying cuticles, massage and polish £10.00

Specialised Manicure - All of the benefits of a manicure with a prescribed hand and nail treatment. £15.00

Pedicure - Foot file, scrub, tidying cuticles, nail file, foot massage and polish £15.00

Specialised Pedicure - All of the benefits of a pedicure with a prescribed foot and nail treatment. £18.00

## Nail Extensions

New treatments available

Full set of either acrylics, fiberglass or gel nail extension and a refills service that is finished with a polish and/or nail art\*

Full set £15.00

Refills £10.00

Nail Art £5.00

\*Nail art can include decorative items such as rhinestones



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# THE SPA SW4

South Bank Colleges - Lambeth College

## Book an appointment

t: 020 7501 5201

e: [TheSalonSW4@southbankcolleges.ac.uk](mailto:TheSalonSW4@southbankcolleges.ac.uk)

Pamper packages and gift vouchers are available, please ask at reception.

## Opening times

Times are subject to change please refer to our website for up to date opening times.

### Cancellation policy

In order for us to provide an effective service we request that 24 hours notice is given when cancelling appointments. A cancellation fee of 50% will be charged if an appointment is not kept or insufficient notice period is given.

### Prices

All prices are inclusive of VAT. Prices are subject to change without prior notice.

### Senior Citizen Discount

Special discount available to all senior citizens

### Eye Treatments, Tanning, Laser and IPL Services

Skin tests are required 48 hours before any eyelash or eyebrow tinting service.

### Treatments

Please note that not all treatments are available throughout the year.

### Contraindication

Please notify us prior to your booking if you have any medical conditions or concerns.

Please inform your therapist if you suffer with a nut allergy as it may be present in products used on your skin

[www.southbankcolleges.ac.uk/TheSalonSW4](http://www.southbankcolleges.ac.uk/TheSalonSW4)

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a: 45 Clapham Common South Side, SW4 9BL

## Facials

### Relaxing £15.00

This facial includes cleansing, exfoliating, toning, mask, steam treatment and relaxing massage that will leave skin looking refreshed.

### Galvanic £18.00

This facial is performed with electro therapy that stimulates the skin and helps remove congestion by improving circulation.

### Faradic £18.00

This facial uses electrical pulses to contract the muscles producing an overall toned effect. The contractions increase blood circulation and tone muscle. It gives the appearance of smoother and firmer skin.

### Micro current £18.00

This is an excellent rejuvenating facial that leaves your skin visibly lifted and radiant. The micro current helps to plump out fine lines and wrinkles.

### Vacuum suction £18.00

This facial will stimulate blood and lymphatic circulation. The skin's appearance and texture are improved by the removal of dead skin cells.

### High frequency £18.00

This facial includes using vibrations to break up old skin cells and oily blockages. It also helps to increase the skin's metabolism to remove waste products more quickly. The appearance of fine lines and sun damaged skin may be improved.

### Urban men's facial cleanse £15.00

This super-grooming, deep cleansing facial decongests the skin, working overtime to help eliminate blocked pores, rapidly accelerate skin repair and neutralise impurities.



## Massage

### Swedish Body Massage £18.00

A relaxing and revitalising massage using oils to help relieve stress and tired muscles, may include gyratory massage.\*

### Pre-blended aromatherapy massage £19.00

A relaxing, detoxifying and energising massage that will indulge your senses with the use of our specially scented oils.

### Hot Stones Massage £25.00

A relaxing and revitalising massage using hot stones to relax and calm your aching muscles leaving you feeling renewed and cold stones to refresh.

### Indian Head Massage £12.50

## Body treatments

Targeting specific areas of concern & may include gyratory massage.

### Body wraps £14.00

This promotes hydration to the body, detox, inch-loss and anti-cellulite.

### Galvanic £20.00

The galvanic current stimulates blood and oxygen to the surface of the skin. The treatment gels are chosen to suit your specific concerns and include ingredients to promote healthy skin and can aid reduction of adipose tissue.

### Faradic £20.00

Faradic technology can be used for the toning of muscles, and for stimulating the blood supply. It is great for body contouring, slimming and toning.

### Vacuum Suction £20.00

This treatment stimulates blood and the lymphatic system as well as softening localised, fatty deposits aiding skin repair and neutralises impurities.

### Micro current £20.00

This is an excellent rejuvenating treatment that leaves your skin visibly lifted and radiant. It helps re-educate the muscles and can reduce cellulite and stretch marks.

\* Gyratory massage is a simultaneous vibration and percussion movement to increase the blood flow and nutrients to the skin and underlying tissue.

## Hair removal

### Lip £5.50 £4.00

### Chin £5.50 £4.50

### Lip and chin combination £8.00 £6.00

### Eyebrows £5.00 £4.00

### Full leg £15.00

### Half leg £10.00 Waxing

### Under arms £7.00 Special

### Bikini £8.00 all 3 for £20.00

### Intimate £15.00

Hollywood/Brazilian includes bikini area.

### Electrolysis (15mins) £5.00

### (30mins) £8.00

## Eye treatments

Ask about our complimentary make-up service with our eye treatments

### Shape and tidy £4.00 Shape & Tint

### Eyelash tint £7.00 Special

### Eyebrow tint £5.00 All 3 for £12.00

### Strip lash application £7.00

### Flare application £8.00

### Individual lash extensions £18.00

### Lash removal £5.00

